

# Alumni Mentorship Initiative AMI



**Karim J. Nasr**, Dean  
Faculty of Business and  
Management

“Give and You Shall Receive!” A lesson we learn at an early age. What a wonderful lesson that is. Indeed, the act of giving increases one’s sense of satisfaction. The idea of a “Mentorship Program” was first conceived on the premise that current students can benefit tremendously by interacting with graduates (now Alumni) connect back with the institution they hold so dear to their hearts. The result is a set of mature mentors guiding young and inexperienced mentees. Mentors open mentees’ eyes on the opportunities of the real world and share with them their invaluable experience. How often have we said or heard the following: “I wish I had someone to show me around”. It is with this motive that “AMI” is set-up. My dear mentors: I hope you will take time to volunteer for this worthy initiative; and my dear mentees: I trust you will find this initiative an irreplaceable experience. I know that all of you will cherish this memorable experience. I wish you the best of luck!



**Mentorship** is a "dynamic reciprocal relationship in a work environment between an advanced career incumbent (mentor) and a beginner (protégé), aimed at promoting the development of both."

*(Sambunjak,D,Straus,S,Marusic,A,Mentoring in Academic Medicine,JAMA, Sept 6.2006,Vol296,No9).*

**Why Mentorship?** Mentorship develops leadership traits, improves communication skills, builds relationships across diverse backgrounds and enhances your coaching and teaching skills.

## Why Become a Mentor?

- Make a difference in the life of a student by creating a legacy that has a lasting impact on your protégé.
- Career knowledge and real world experience
- Receive personal and professional satisfaction by contributing to the success and growth of your protégé
- Have access to an open network
- Gain a fresh perspective and additional experience as advisor, supporter, tutor and coach.
- Share your experience and perspective with a current UOB student

## Why Become a Mentee?

- Get honest criticism and informal feedback wisdom concerning educational dilemmas
- Help prepare you for graduate school
- Get involved in the business industry
- Gain internship and work opportunities
- Develop personal and professional skills to become a competitive individual in your future career

# How can the Mentor help and where?

## Academic Support and Personal Development

- Helping to choose courses that will assist the student in meeting career goals
- Assistance with learning effective problem-solving skills
- Assistance with identifying his or her strengths and areas of improvement
- Encouragement with goal setting and achievement of those goals

## Career Development

- Advising on career options
  - Discussing particular fields of interest
  - Sharing experiences of working in a particular field
  - Taking your mentee to work and having him/her "shadow" you for a day so that he or she can learn about a particular field
- Guiding and supporting.

## Exploring Expectations and Goals

- After the initial meeting the mentor and mentee are encouraged to discuss issues related to the expectations and goals of the relationship.

**Mentorship Many Roles include:** Knowledge Sharer, Storyteller, Coach, Advisor, Discussion Partner, Door Opener, Critic, and Friend.

### **Tips for a successful mentoring relationship (*KMP+*) House of Mentoring :**

- Commitment: Prioritize your time and invest your energy
- Define expectations: Clarify your goals and expectations
- Mutual trust: Define ground rules and the need for confidentiality
- Openness: Share your positive and negative experiences to learn from them
- Be reliable: Be honest, respectful and keep appointments
- Be prepared: Show your motivation and accelerate your learning
- Communicate: Stay in contact and use many modes of communication
- Experiment: Explore, be innovative and remain open to new ideas
- Pay attention: Listen well and reflect on what you hear
- Two-way learning: Make time and space for mutual learning

To volunteer to become a mentor,  
please click [\*\*\*AMI Participation Form\*\*\*](#)



**For more information about the initiative, Please contact:**

*Mrs. Nathalie Ashkar*

Administrative Assistant

University of Balamand (UOB)

P.O. Box 33-Amioun, Al-Kurah, Lebanon

*Ghassan Rizk Center for Executive Business Education Room 003*

Phone No.: +961-6-930 250 Ext: 5702-03